

Refreshment Menu A

Standard break refreshment menu: Price per head: £2.00 + vat

Fresh ground coffee

Decaffeinated coffee

Tea including a selection of fruit teas

Water

Selection of biscuits



Refreshment Menu B

Luxury break refreshment menu: Price per head: £3.50 + vat

Fresh ground coffee

Decaffeinated coffee

Tea including a selection of fruit teas

Water

Selection of biscuits and cakes

Fresh fruit bowl



Refreshment Menu C

Table refreshment menu: Price per head: £1.50 + vat

Princes Gate spring water

A selection of table sweets - mint and fruit flavours



# Lunch Menu D

Standard Cold Sandwich Buffet Lunch menu: Price per head: £8.00 + vat

A variety of sandwiches. Fresh wholegrain and white bread with a selection of fillings;

Pembrokeshire Ham

Tuna Mayonnaise

Egg Mayonnaise

Cheese

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Crisps

A selection of cakes

Fresh fruit platter

Fresh ground coffee

Decaffeinated coffee

Tea including a selection of fruit teas

Fruit Juice



## Lunch Menu E

Luxury Cold Sandwich Buffet Lunch menu: Price per head: £9.50 + vat

A variety of sandwiches. Fresh wholegrain and white bread with a selection of fillings;

Pembrokeshire Ham

Tuna Mayonnaise

Prawn Mayonnaise

Egg Mayonnaise

Cheese

Veggie Delight

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A selection of canapés

Crisps

A selection of cakes

Fresh fruit platter

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Fresh ground coffee

Decaffeinated coffee

Tea including a selection of fruit teas

Fruit Juice



# Lunch Menu F

Standard Cold Salad Buffet Lunch menu: Price per head: £12.50 + vat

Fresh and cured meat platter

Welsh cheese board

A selection of fresh bread rolls + butter portions

Crisps

Mixed green leaf salad

Tomato salad

Potato salad

Mixed bean salad

Homemade coleslaw

Selection of cakes

Fresh fruit bowl

Fresh ground coffee

Decaffeinated coffee

Tea including a selection of fruit teas

Fruit juice + water



Lunch Menu G

Early Bird Breakfast menu: Price per head: £5.50 + vat

Served until 10AM

Hot bacon roll

Veggie option on request at booking

Fresh ground coffee

Decaffeinated coffee

Tea including a selection of fruit teas

Fruit Juice

Water

Selection of biscuits



## Lunch Menu H

Standard Continental Style Breakfast menu: Price per head: £6.50 + vat

Variety of Danish pastries

A selection of fresh bread rolls + butter portions

Jams, preserves, marmalades + honey

Yogurts

Fresh fruit platter

Fresh ground coffee

Decaffeinated coffee

Tea including a selection of fruit teas



### Lunch Menu I

Hot Lunch menu: Price per head: £12.50 + vat

Two meaty + one Vegetarian A Selection of salads + option; served with new potatoes, rice or baked potato.

Traditional Lamb hotpot

Beef stroganoff

Welsh beef lasagne

Chicken curry

Chilli con carne

Woodland mushroom stroganoff

Ricotta + spinach lasagne

Mexican spicy bean chilli

Vegetable + bean curry

Spinach and cheery tomato pasta in a creamy wine + herb sauce

vegetables;

Hot seasonal vegetables

Mixed green leaf salad

Tomato salad

Mixed bean salad

Potato salad

Homemade coleslaw

A selection of fresh bread rolls + butter portions

A selection of biscuits + cakes

Fresh fruit platter

Fresh ground coffee

Decaffeinated coffee

Tea including a selection of fruit teas